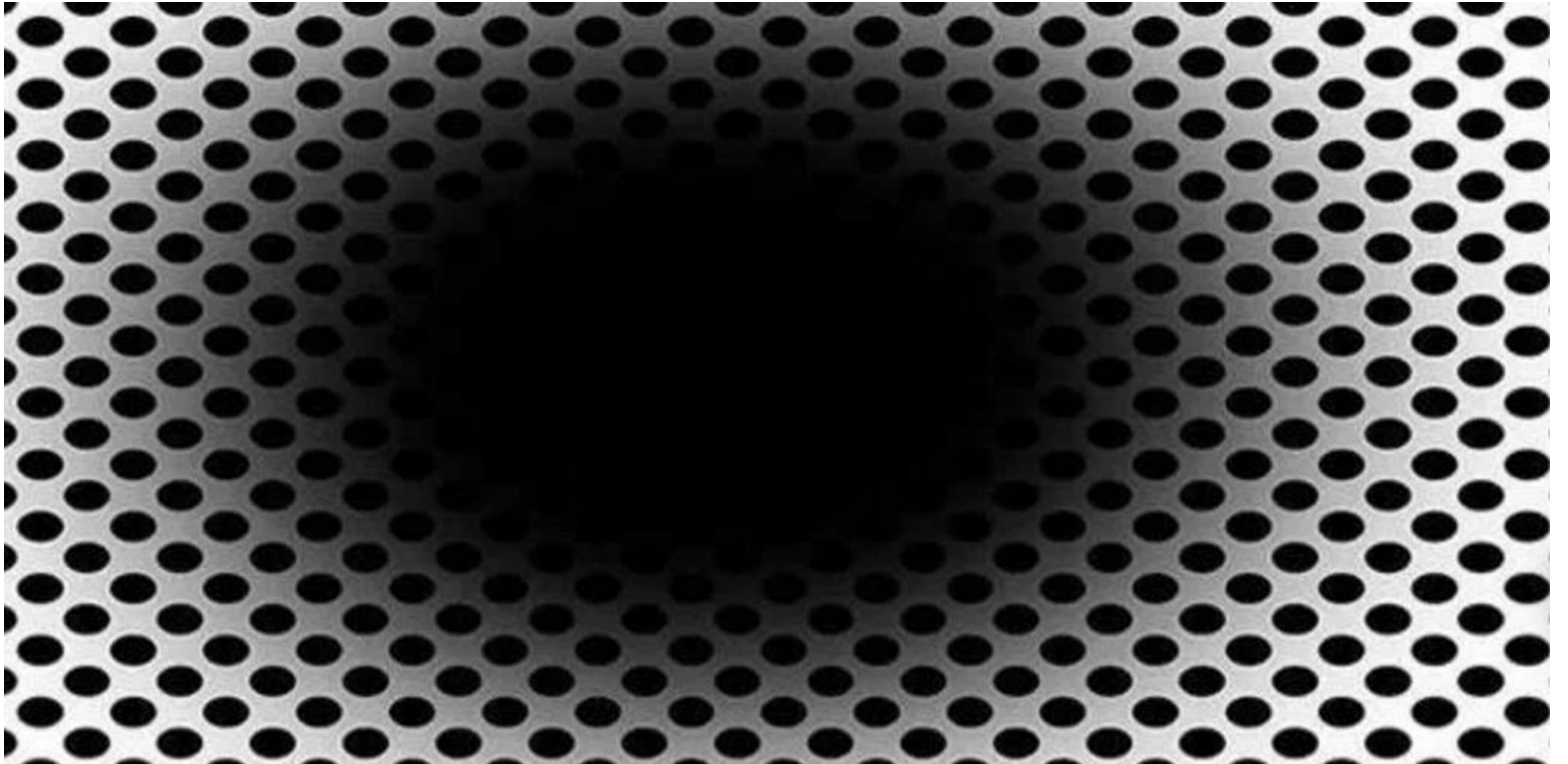


A stone Buddha statue is depicted in a meditative pose, sitting on a rock. The statue is carved from a light-colored stone and shows the Buddha with a serene expression, eyes closed, and hands resting in his lap. The background is a natural setting with earth, roots, and some green foliage. The word "Meditation" is overlaid in large, bold, cyan letters across the center of the image.

Meditation



Melih's Meditation Mandala



Meditation Mantra #1 – All You Need Is Love
Babs



Flower Gazing Meditation
Marilyn



Meditation and Art
(Meditation on Progress?)
Natalie



Meditating on Freedom
Bill



Per te, mamma
Paola



The Sunset Meditation
Hellen



The Sound of Silence
Richa



Not Yet Gone
Marilyn



Meditating Mayfly
John



The Fabric of The Universe
Bill



Resources for the soul
Natalie



Meditation with Tibetan Singing Bowl
Babs



Meditating in the Wild.
Hellen



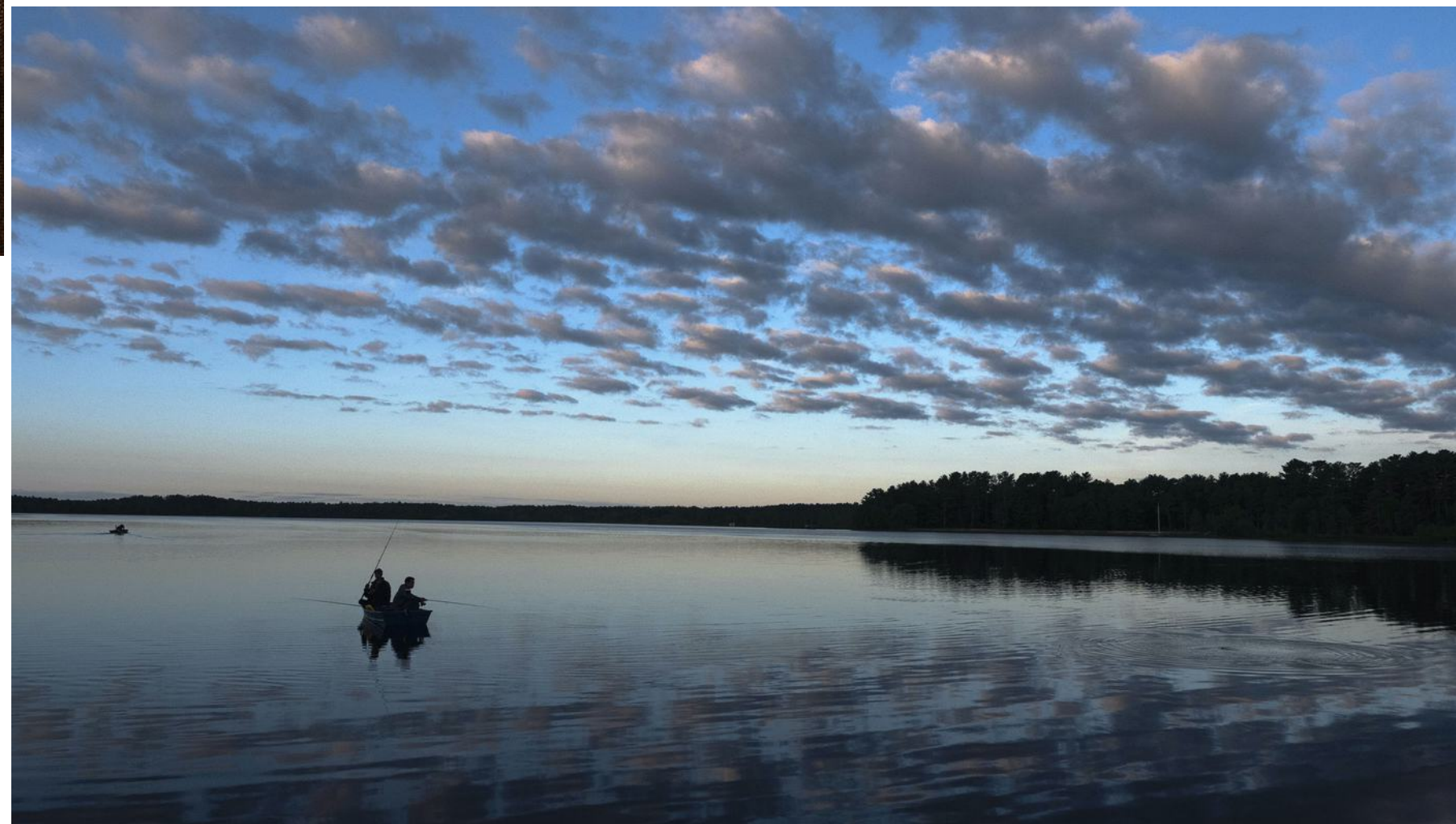
“Quiet the mind, and the soul will speak “
(Ma Jaya Sati Bhagavati)
Richa



Next Step of Meditation
Marilyn



A Little Night Music Meditation
Bill



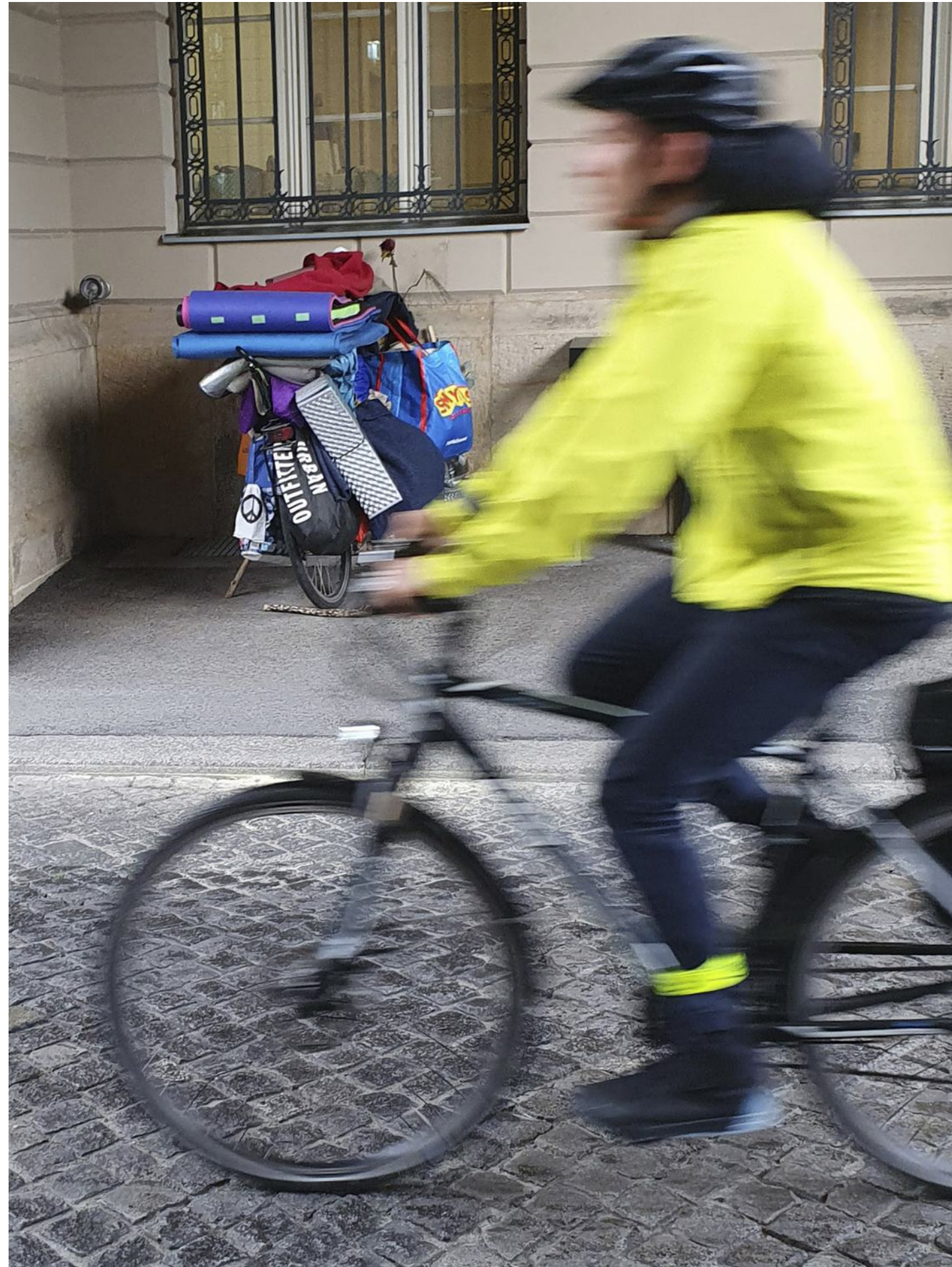
Fishin'
John



Garden Meditation
Hellen



The Om of Uggs
Babs



Contemplation about society
Natalie



'Meditation is bringing the mind home'
(Sogyal Rinpoche)
Richa



Moonset over Snipatuit Pond
John

Photo of The Month -?????

- Choose any 3 photos - not ranked (not your own)
- Send an email to billos@pm.me with your choices.
- Most popular will be “Photo of the Month”

Next Theme:

Self Portrait (NOT ‘Selfie’)

A portrait that expresses your personality, character, philosophy, motivations..... and chocolate. :-)

Please submit **up to Three** photos of whatever the theme means to you
- but must be new! (i.e taken after June 16th 2022)

Please include titles for your pictures

That will help participants to understand what you are thinking...

Next Meeting:

Summer Break July, August & September.

Reconvene Wednesday October 05th 2022, 14:00 GMT

(to be confirmed)

Photo submission date 03rd October